



Mountain Medic News

Special Edition: Aug FTX

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AUGUST 2013

UPCOMING EVENTS

7-18 Sep

EFMB

26 Sep

Organization Day

11-14 October

Columbus Day DONSA

25 October

Zombie dash

OPERATION MOUNTAIN QUEST

For the month of August it was all about preparing for and the execution of the 10th CSH field training exercise (FTX). B CO was the lead on the FTX and the mission was to deploy a 44 + bed Early Entry Hospital Element (EEHE) and conduct Clinical Operations and validate SOPs in preparation for the

SWRF mission. There were a lot of moving pieces for this FTX. In preparation for the FTX CSH / SWRF mission Soldiers attended RTS med training. The RTS med organization strives to train medical personnel

and to provide needed support services to victims of both man-made disasters and natural disasters.

Jr. enlisted Soldiers had a chance

the field and were treated as professional filler system (PROFIS) Soldiers. This allowed S1 to fine tune their operations on in-processing and integrating

PROFIS Soldiers while deployed. We were able to accomplish a full functioning site with a hospital consisting of Specialty Clinics, Emergency Medical Treat-

ment, Intensive care Unit, and an Operating Room. A fully functioning Life Support Area (LSA) that included a field kitchen, shower and laundry.

Continued on page 2



FTX FIRST TIMERS



PFC Ramsay arrived to the CSH Jan 2012 she is a 91J and works in the

motor pool. For the FTX she helped build tents, fueled generators, and conducted maintenance on electrical equipments. Her take away from this FTX is to pack early and bring more food.



PFC Sotelo arrived to the CSH Mar 2013 and is a 68S. His tasking

during the FTX as preventive medicine was to eliminate standing water, monitor the cleanliness of the latrine. His take away from this FTX is to bring more personal sanitation items and to prioritize work.



PFC Young arrived to the CSH Feb 2013 and is a 42A. For

the FTX he helped put up tents and assisted wherever he was needed. He learned how to assembly tents and fully understood the current mission (SWRF) of the 10th CSH. He stated, next time he would pack more snacks and pack a field kit.

First Timers continued



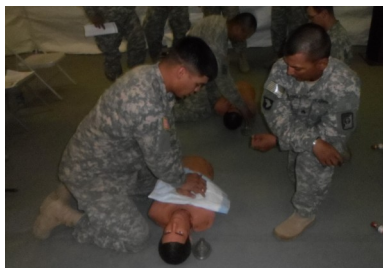
PFC Navarette 68G arrived March 2013 and PFC Denson 68M arrived April 2012. PFC Denson and PFC Navarette

felt that this FTX was very different from the ones they conducted in Basic Training and Advanced Individual Training. They never realized how much work it took to build a field hospital and a LSA. They enjoyed learning about the different MOSs while they were in the field. Their take away from the FTX was to bring a few more items to make their time in the field a little more comfortable.



Mountain Quest continued

The FORSCOM nurses enjoyed the opportunity to work with their perspective teams and teach classes.



SSG Reynolds instructs during BLS Class

The Unit Ministry team provided church services



Dinner and a movie

in the field and movies during down-time.

A Co organized a Family Day during the FTX. Family members were bussed out to the FTX site and they had an opportunity to tour the field hospital, and the LSA. Many of the hospital wards organized fun activities for the Family members to enhance the learning experience. Family members reported that they developed a new found respect of their loved one's job. Soldiers reported it was a big moral booster to finish out the training



SPC Clark puts camo paint on LT Conley's son during family day

Everyone worked very hard during the FTX !

